



Acute Training Solutions

SoAR Case Studies - Substance Misuse Residential

Case 1

Michael has become a wheelchair user following years of alcohol abuse and requires assistance from staff. All staff at the home have been trained in manual handling and people handling within the last six months. Whilst taking Michael outside in his wheelchair the wheelchair hits the door frame and Michael falls out and cuts his head requiring stitches.

Case 2

Katrina Jenkins is 62 years old with Korsakoff syndrome. She has mobility and memory problems and needs help with personal care and toileting. One of her regular carer's is impatient when Katrina is incontinent and tells her that 'I'll get you catheterised if you keep wetting yourself'.

Case 3

Tracey lives within a supported living house and requires prescribed medication daily for her anxiety, depression and DRR detox. One day her key worker withholds her medication as she hasn't tidied her room.

Case 4

Sally has been using illegal substances for the past 15 years following the breakup of her parents marriage. Sally is now living voluntarily within a hospital for substance misuse to try and detox. As part of the programme no alcohol or illegal substances are to be used. Sally has been at the hospital for the past 6 weeks and seemed to progress well. Sally is often alone and keeps to herself. During one of the night rounds the staff member struggle to engage with her. They decide not to push Sally to engage. In a later check Sally is found unconscious in a pool of vomit.

Case 5

Mark is a quiet person and has low self-esteem and confidence. During the group therapy sessions Mark is often bullied and picked upon by the other service users. The staff seemingly allow this to continue unchallenged as they believe Mark makes himself a victim.

Case 6

Patients at the specialist hospital are forced to attend all activities, meetings, therapy groups and meals. Patients are only allowed in their bedrooms between the hours of 9:00pm and 8:00am with strict visiting times and conditions.



Case 7

Over the past two months staffing levels within the care home have been extremely low due to staff resignations. This has left the remaining staff stretched; as a result staff are having to get individuals up from 6:00am and putting individuals to bed at 7:30pm.

Case 8

Rachel lives within a small unit with 4 other service users. Rachel's family visit at least twice a week and take her out for meals, shopping and leisure activities. The family have started to notice during these visits Rachel is eating lots of food and extremely quickly. They have also noticed a number of purchases have gone missing.

Case 9

A group from the centre are going out in the mini bus for a trip to the sea. They all enjoyed the trip, on the way back the bus needs fuel. The driver fills up the bus with fuel. 5 minutes late the bus breaks down as the driver used the wrong fuel.

Case 10

Recently James has become very agitated around female care workers. This has resulted in James swearing at the female staff. One of the female staff refuses to work with James and starts to negatively criticise him and the management of his care.

Case 11

Rashid has recently relocated to a specialist hospital setting from a residential care home due to his increasing challenging behaviours. This relocation has meant he is now over 150 miles away from his family. His family were regular visitors to his past care home and it has meant they now only see Rashid once a month. When the family visit they notice he was pacing up and down a large room on his own. When the family ask the staff how he has been they seem to be unfamiliar with him and the care he has had over the past month.

Case 12

Michelle lives at a residential unit for substance misuse as part of her parole conditions. The unit requires individuals to be on site from 10:00pm to 8:00am. If individuals are out after this time the doors are locked and individuals cannot get back in till 8:00am. One night Michelle is running late and rings the unit and informs them she will be 10 minutes late. On arrival the doors are locked and they refuse to let her in. Michelle ends up sleeping in the garden over night.