

Acute Training Solutions

Person Centred Care Plan - Roper, Logan, Tierney Model of Nursing

The Roper, Logan, Tierney Model of Nursing is a widely used nursing model in the UK (sometimes referred as a Human Needs Model) and is based on activities of daily living.

Activities of living

There are 12 activities, some of which are essential such as breathing and others that which enhance quality of life.

Maintaining a safe environment	Communication	Breathing
Eating & drinking	Elimination	Washing & dressing
Controlling temperature	Mobilisation	Working & playing
Expressing sexuality	Sleeping	Death & dying

Factors influencing activities of living

- Biological** the impact of overall health, of current illness or injury, and the scope of the individual's anatomy and physiology all are considered under this aspect.
- Psychological** the impact of not only emotion, but cognition, spiritual beliefs and the ability to understand.
- Sociocultural** the impact of society and culture experienced by the individual. Expectations and values based on (perceived or actual) social class or status, or related to the individual's perceived or actual health or ability to carry our activities of daily living.
- Environmental** consideration of not only the impact of the environment on the activities of daily living, but also the impact of the individual's ADLs on the environment.
- Politicoeconomic** this is the impact of government, politics and the economy on ADL's. Issues such as funding, government policies and programmes, state of war or violent conflict, availability and access to benefits, political reforms and government targets, interest rates and availability of fundings (both public and private) all are considered under this factor.