

Mental Health Training

Our Mental Health range of training courses aim to raise your understanding and best practice skills for working within this complex and life changing area of care.



Half day courses

Alzheimer's Disease Awareness	Huntington's Disease Awareness	Personality Disorder & Paranoia
Bipolar Disease Awareness	Mental Health Awareness	PICA Workshop
Dementia Awareness	Parkinson's Disease Awareness	Stroke Awareness
Drug & Alcohol Awareness		

Full day courses

Acquired Brain Injury	Ligature Awareness	Positive Behaviour Management
Ageing & Learning Disabilities	Managing Challenging Behaviour	
Anxiety Management	Medication in Mental Health	Prader Willi Syndrome
Appropriate Adult Training	MCA & DoLS	Self Harm & Suicide Awareness
ADHD Awareness	Mental Health Advanced	Self Harm & Wound Management
Cognitive Behavioural Therapy	Neurological Conditions & Motor Neurone Disease	Stress Management
Intensive Interaction		Substance Misuse
Introduction to Learning Disabilities	Positive Behaviour Management & Breakaway	Understanding & Working with Attachment Disorder
Introduction to Sexuality & Learning Disabilities		

Multiple day courses

Mental Health First Aid - 2 day