

# Mental Health Training

Our Mental Health range of training courses aim to raise your understanding and best practice skills for working within this complex and life changing area of care.



## Half day courses

Alzheimer's Disease Awareness	Huntington's Disease Awareness	Personality Disorder
Bipolar Disease Awareness	Mental Capacity Act	Schizophrenia Awareness
Dementia Awareness	Mental Health Awareness	Stroke Awareness
Drug & Alcohol Awareness	Parkinson's Disease Awareness	

## Full day courses

Acquired Brain Injury	Introduction to Sexuality & Learning Disabilities	Positive Behaviour Management & Breakaway
Ageing & Learning Disabilities		
Appropriate Adult Training	Ligature Awareness	Prader Willi Syndrome
Attention Deficit Hyperactivity Disorder Awareness	Managing Challenging Behaviour	Self Harm & Suicide Awareness
	Mental Capacity Act & Deprivation of Liberty Safeguards	Self Harm & Wound Management
Cognitive Behavioural Therapy		
Dementia Advanced	Mental Capacity Act for Managers	Understanding & Working with Attachment Disorder
Dialectical Behavioural Therapy	Mental Health Advanced	
Intensive Interaction	Neurological Conditions & Motor Neurone Disease	
Introduction to Learning Disabilities		Positive Behaviour Management

## Multiple day courses

Mental Health First Aid - 2 day	Positive Behaviour Management & Physical Intervention - 2 day
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