

Acute Training Solutions

Catheterisation Competency

Insertion of urethral catheters, including male re-catheterisation (evidence towards competency assessment).

Trainee's information		
Name:	Job title:	Date:

To be completed by Nurse or Assessor			
Day 1	Name:	Job title:	Date:
Day 2	Name:	Job title:	Date:
Day 3	Name:	Job title:	Date:
Day 4	Name:	Job title:	Date:
Day 5	Name:	Job title:	Date:

Skill					
Skills required	1 st	2 nd	3 rd	4 th	5 th
Date					
Demonstrate standard precautions for infection control & other health and safety measures in practice e.g: hand washing; protective equipment; disposal of waste and safe moving and handling.					
Comply with the correct protocols and procedures relating to urinary catheterisation.					
Insert the catheter safely and correctly, according to manufacturer's instructions and with minimal trauma to the individual.					
Secure the catheter after insertion according to instructions and adjust it correctly.					
Attach the catheter correctly to the appropriate drainage system, confirm it is functioning correctly and measure and record the amount of urine collected immediately after insertion.					
Make the individual as comfortable as possible following the procedure.					
Monitor the individual's condition, promptly recognise any adverse effects and take the appropriate action.					

Skills required	1 st	2 nd	3 rd	4 th	5 th
Date					
Check that all catheterisation equipment and materials are functioning correctly and take appropriate action to remedy any problems.					
Maintain cleanliness of the catheter and surrounding area through regular hygiene care.					
Educate the individual as far as possible on the care of the catheter and attachments.					
Nursing records are kept to NMC guidelines.					
Seeks advice and support in a timely and appropriate manner.					
Communicates in a manner that clients can understand.					

Knowledge					
Knowledge required	1 st	2 nd	3 rd	4 th	5 th
Date					
Aware of relevant policy and protocols in urethral catheterisation.					
An understanding of the anatomy and physiology of the male and/or female genito-urinary System.					
An understanding of the effects of catheterisation on the individual's comfort and dignity, and ways of minimising any adverse effects.					
A working understanding of the need for consent.					
A working understanding of potential adverse effects (e.g fear, pain, haematuria, lowered BP, failure to pass catheter) and appropriate actions.					
An understanding of the types of catheters that can be used and why you should select the appropriate catheter.					
An understanding of the local anaesthetic agents.					
Awareness of own accountability and responsibility.					
Awareness of working within own level of competence.					

Competent	
Y	N
Assessor	
Signature:	Date:
Trainee	
Signature:	Date:
If not competent what actions are required:	