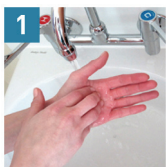



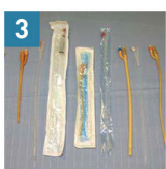
Acute Training Solutions


Catheterisation - Male Catheter Procedure


Preparation Zone

1  Clean hands

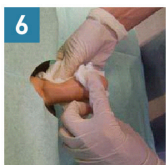
2  Prepare equipment and put what you need on the trolley


3  Select the appropriate catheter using the smallest to do the job, (usually size 12)

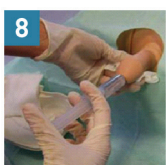
4  Using aseptic technique open pack, wash hands and put on gloves

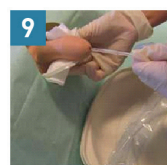
5  Ensure a catheter bag or leg bag is ready for use


Patient Zone


6  Swab the penis retracting the foreskin if necessary


7  Insert LA gel into the urethra

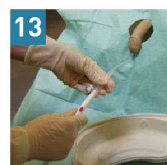
8  The penis needs to be upright to prevent loss of gel and wait 5 minutes

9  Place catheter between patients legs and insert into penis

10  When the prostate is reached ask patient to cough to relax the pelvic floor. Continue to insert the catheter until urine flows

11  Inflate the balloon to catheter requirements

12  Gently pull the catheter back until you feel resistance at the base of the bladder

13  Attach a catheter bag. Ensure foreskin is replaced if necessary