

# Acute Training Solutions

## Personality Disorder & Paranoia - Evidence

Evidence for	Evidence against
<ul style="list-style-type: none"> <li>• Sister didn't call me.</li> <li>• Sister and other family members have missed calls from me before.</li> <li>• I don't receive many phone calls or emails.</li> <li>• Friend didn't answer her phone.</li> </ul>	<ul style="list-style-type: none"> <li>• Sister called on Sunday – she was really sorry she hadn't called on Saturday and said it was because she had been asked to work at the last minute.</li> <li>• Mother called later to ask if I wanted to go for dinner next week.</li> <li>• Friend has emailed to invite me to his birthday next week.</li> <li>• I don't send many emails or make many phone calls, so perhaps it is not surprising that I don't receive many back.</li> <li>• I am just one part of other people's lives. It is normal for people to be busy and not answer their phones.</li> <li>• Sometimes I don't answer calls and it doesn't mean I hate the person.</li> <li>• I know that my family and friends don't know each other and therefore couldn't be plotting together.</li> </ul>