

Acute Training Solutions

Personality Disorder & Paranoia - Case Studies

Borderline Personality Case

By the time Sarah turned 17, things were starting to get really out of control. Sarah's experienced serious emotional instability, her mood changes were totally unpredictable, and could turn on a dime. She was having fights with her parents almost daily, and they would usually involve her yelling and throwing things. At times, she seemed terrified to be without her mother, at other times she would leave the house in a fit of intense rage and not return for a few days.

One day, Sarah's mom noticed scars on Jordan's arms. When her mother first confronted Sarah about them, Sarah told her the cat had scratched her. But when pressed she admitted that she was self-harming because she felt so lonely and bored and this was the only thing that made her feel better. This was the last straw; her parents decided it was time to find help

Notes

Borderline Personality Case

Tyler is a 15 year old male who is currently living at home with his mother and younger sister. His mother describes Tyler as “always being an odd child” who had significant difficulty relating to his peers. As a child he would spend a great deal of time alone involved in role playing. She said that social situations always provoke great anxiety in Tyler and he is extremely socially inept.

Currently Tyler rarely socializes, and when he is not in school he spends most of his time on his computer. Tyler spends several hours a day on the Internet playing on-line games and interacting with others in chat rooms. Tyler reports having one close real-life friend but it is not clear when he sees this person. However, he did list several “online friends”, none of whom he has actually met in person.

Notes