

Mental Health Training

Our Mental Health range of training courses aim to raise your understanding and best practice skills for working within this complex and life changing area of care.



Half day courses

Alzheimer's Disease Awareness	Mental Capacity Act	Schizophrenia Awareness
Bipolar Disease Awareness	Mental Health Awareness	Stroke Awareness
Dementia Awareness	Parkinson's Disease Awareness	Substance Misuse
Huntington's Disease Awareness	Personality Disorder	

Full day courses

Acquired Brain Injury	Introduction to Sexuality & Learning Disabilities	Positive Behaviour Management
Ageing & Learning Disabilities		Positive Behaviour Management & Breakaway
Appropriate Adult	Ligature Awareness	Prader Willi Syndrome
Attention Deficit Hyperactivity Disorder Awareness	Managing Challenging Behaviour	Self Harm & Suicide Awareness
Cognitive Behaviour Management	Mental Capacity Act & Deprivation of Liberty Safeguards	Self Harm & Wound Management
Dementia Advanced	Mental Capacity Act for Managers	Substance Misuse
Dialectical Behaviour Management	Mental Health Advanced	Understanding & Working with Attachment Disorder
Introduction to Learning Disabilities	Neurological Conditions & Motor Neurone Disease	

Multiple day courses

Mental Health First Aid - 2 day	Positive Behaviour Management & Physical Intervention - 2 day
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