

# Acute Training Solutions

## Pressure Area Care Competency Framework Guideline

### Expected Staff (Cognitive) Competencies

1. Identify how to calculate the incidence and prevalence of pressure ulcers.
2. Perform a risk assessment for pressure ulcers, using validated risk assessment scale.
3. Define pressure ulcer, including staging.
4. Plan care for prevention of pressure ulcers.
5. Plan care to include debridement, cleansing, dressing, and pressure relief.

### Expected Staff (Clinical) Competencies

Behaviours	How validated	Novice	Advanced Beginner	Competent	Proficient	Expert
1.Performs a comprehensive assessment of pressure ulcer which minimally includes staging, measurement of size, exudates, wound bed characteristics, pain, surrounding skin, and tunnel/sinus tract and undermining	Documentation of assessment findings, accurately interpreting changes in wound status					
2.Correctly uses established measure of wound healing: PUSH or PSST tool	Demonstrated competency using the tool					
3.Adheres to established standards of Pressure Ulcer Care and Treatment	Direct observation					
4.Based on clinical expertise level, correctly performs wound care including debridement, cleansing, dressings, pressure relief, and pain control.	Direct observation and positive patient outcomes					